



INSTITUTO
DA MOBILIDADE
E DOS TRANSPORTES

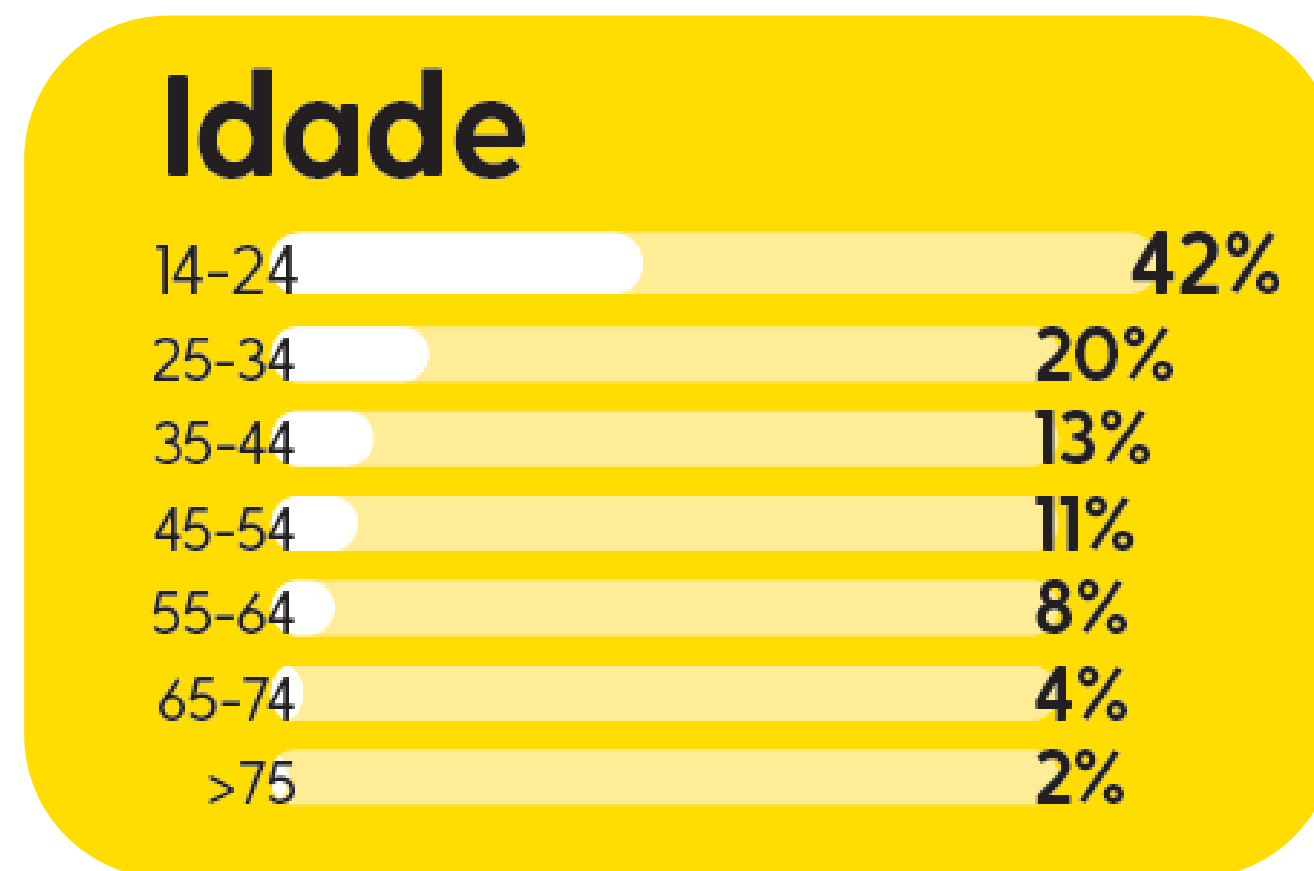
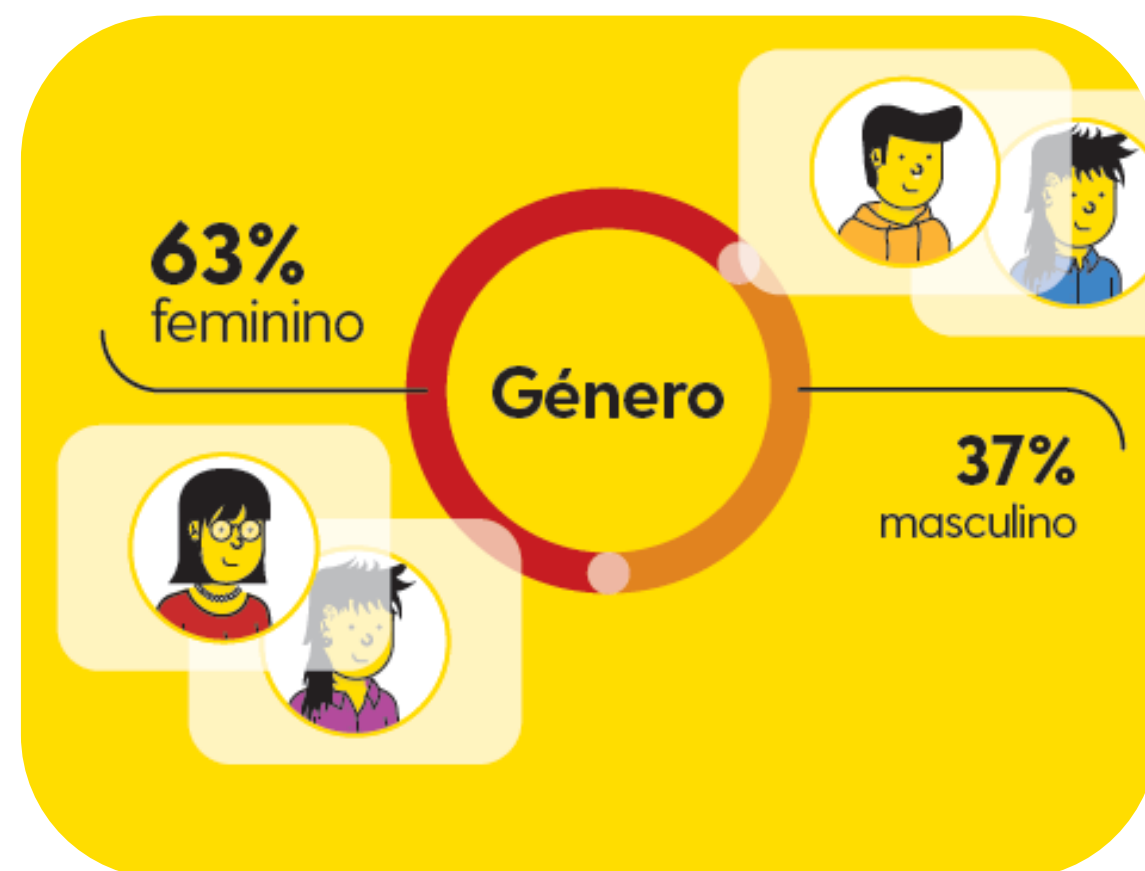
As pessoas no centro

João Jesus Caetano









6. ACCESSIBILITY AND AFFORDABILITY



Public transport offers equal opportunities to all citizens, independent of their social standing. It provides access to the most essential functions of the city (schools, hospitals, offices, shops, etc.) and costs 1/16 of what people pay for owning a personal car. A good territorial coverage and the long-term availability of the service is guaranteed by the public authority; there is no risk that the service stops operating from one week to the next. Politically determined fares and social tariffs ensure affordability for all groups of the society.

Public transport, particularly networks reaching out to suburbs and rural areas, contributes to territorial cohesion, while also reducing traffic congestion by commuters. For rural areas, a basic public transport offer – including transport on demand – can ensure access to economic and social opportunities for the region's inhabitants and local businesses.

8. HEALTHY, ACTIVE LIFESTYLE



Public transport encourages an active lifestyle, as most journeys involve walking or cycling to, from and within public transport stations. The health benefits associated with active travel include positive impacts on diabetes, mental health, dementia, obesity and a decreased risk of cardiovascular disease and different types of cancers. Promoting the combination of walking, cycling and public transport can be a useful tool for public health services and positively impact citizens' health!

12. CONNECTING PEOPLE

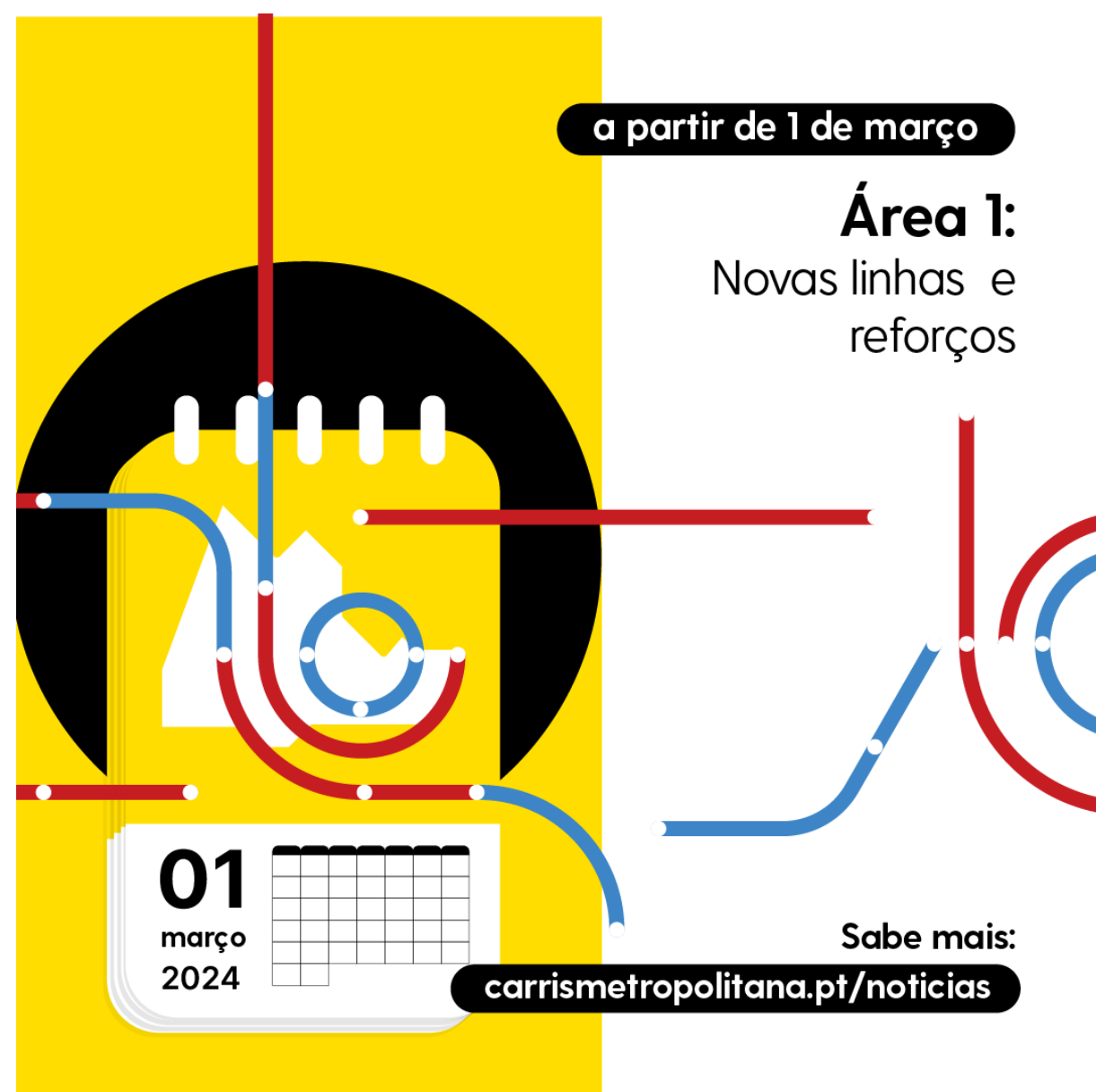


At times of increasing inequality and social division, it is ever more important to strengthen the social fabric across Europe, and public transport can contribute. Public transport is a place of encounter. It is a place for people with different backgrounds to meet and interact with each other through a smile, a helping gesture, or a discussion. At major events like concerts or soccer games, it's part of the fun to travel together with other fans. Some people have even made new friends or found the love of their life on public transport!





As redes de transportes
têm de ser alvo de uma
**constante reflexão
crítica e adaptação**



a partir de 1 de março

Área 1:
Novas linhas e
reforços

01
março
2024

Sabe mais:
carrismetropolitana.pt/noticias

A reflexão deve ser feita
com os utilizadores do
transporte público



**Campanha de Inquéritos
Carris Metropolitana**

A sua opinião é fundamental

Sabe mais:
carrismetropolitana.pt/noticias

As consultas ao público
têm de ter em conta as
**necessidades
específicas**

“A minha **VOZ**
na mobilidade
do **FUTURO**”

Miguel, professor

**Assembleias Participativas
para uma Mobilidade
Sustentável na aML**

**Estamos a dar
voz aos cidadãos!**

INSCREVE-TE!

(lugares limitados)

transportes
metropolitanos
de lisboa



INFRAESTRUTURAS
E HABITAÇÃO



Metro do Porto

2023: 79 M
2024: 90 M
+ 13%

Transtejo Soflusa

2023: 20 M
2024: 21 M
+ 8%

INFRAESTRUTURAS
E HABITAÇÃO



CP – Comboios de Portugal

2023: 173 M
2024: 188 M
+ 9%

Metropolitano de Lisboa

2023: 166 M
2024: 177 M
+ 7%



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Obrigado

